# There is no cost to attend this program. However, pre registration is required by May 12, 2020.

### **Registration Form**

Grief, Loss and Life Limiting Illness: Supporting Families Facing End of Life

LARA KRAWCHUK, MSW, LCSW, MPH

Tuesday, May 19, 2020 Fowler Center, A-State - Jonesboro

Name:
Credentials/Title:
Organization:
Address:
City/State/Zip:
Phone:
Email (required):  (Confirmation of registration will be sent by email.)  CE Category:  Nursing  Social Work  Long-term Care  Physical Therapy  Counseling  General
Return completed form to: Arkansas State University – Jonesboro College of Nursing & Health Professions, Dean's Office PO Box 910 State University, AR 72467-0910 Fax: 870-972-2040
Email: Lshimasaki@astate.edu
For more information contact: Dr. Susan Hanrahan Phone: 870-972-3112 or June Morse

Phone: 870-936-7005

Register Early. Seating is limited.

About the Speaker



**Lara Krawchuk**, MSW, LCSW, MPH is Owner and Clinical Director of Healing Concepts, LLC

(www.healingconceptsllc.com)
a private counseling,
continuing education and

consulting practice, in West Chester, Kennett Square and Philadelphia, PA. She is a long time Lecturer for the University of Pennsylvania School of Social Policy and Practice and the West Chester University MSW Program. She is an active Practicum Faculty member for Robert Neimeyer's Portland Institute for Loss and Transition. Mrs. Krawchuk has a long history of working with end of life and the bereaved. Her social work career began in cancer centers, hospice, cancer wellness programs and continues today in her teaching and private practice. She speaks, around the country, about issues of ambiguous and living losses, caregiving, end of life, grief & loss, Internal Family Systems Theory model, psychosocial impact of cancer, self-care for helping professionals and trauma treatment. She is the author of numerous chapters and articles on cancer care, and creative healing for grief and living losses. Ms. Krawchuk likes to tell people she was born to do this work and she absolutely loves it! She can be reached at 610-209-3111 or healingconceptsllc@gmail.com

ASU College of Nursing and Health Professions & NEA Baptist Charitable Foundation HopeCircle present:

The Billy Joe and Betty Ann Emerson Grief Seminar

Grief, Loss and Life Limiting
Illness: Supporting Families
Facing End of Life



PRESENTED BY: LARA KRAWCHUK, MSW, LCSW, MPH

Fowler Center, Arkansas State University 201 Olympic Drive, Jonesboro, AR 72401

Tuesday May 19, 2020 9:00 am to 3:30 pm

### **Program Sponsors**

Emerson Funeral Home
ASU College of Nursing & Health Professions
NEA Baptist Clinic
NEABCF HopeCircle
NEA Baptist Memorial Hospital
Arkansas Geriatric Education
Collaborative

## Purpose

This interactive workshop will review common emotional challenges experienced by families facing life limiting illness and end of life. We will use a compelling, real-life case study to explore how to identify how ambiguous losses, ambivalence, denial, anticipatory grief challenge families living with life limiting illness. We will discuss effective ways to build effective care partnerships between community-based experts, medical teams and families. We will explore a a range of creative tools that can be used to support meaning making and grieving throughout life limiting illness, end of life, and bereavement. Finally, we will discuss the many ways in which countertransference, compassion fatigue, burnout, and compassion satisfaction that can impact professionals and volunteers working with families at the end of life.

Contact hours will be awarded at the completion of the conference following submission of your evaluation form.

### Schedule

- 8:30 9:00 Registration/Check-In

  9:00 10:15 The Emotional Challenge of Facing Life
  Limiting Illness and End of Life
- 10:15 10:30 Morning Break
- 10:30 12:00 Creative and Collaborative Care Partnerships
  Throughout Life Limiting Illness and End of
  Life
- 12:00 1:30 Lunch (on your own)
- 1:30 3:00 Impact on Professionals Caring for Families at End of Life and the Healing Power of Creative Self-Care Strategies
- 3:00 3:30 Questions & Answers

## **Learning Objectives**

At the conclusion of this workshop, participants will be able to:

- Recognize the many ambiguous, nonfinite, and anticipatory losses experienced by individuals and families facing life limiting illness and end of life
- 2. Assess common challenges families face while navigating end of life
- Enhance skills of presence, witnessing and meaning making throughout life limiting illness and end of life
- Discuss the power of collaborative approaches to care
- 5. Learn creative tools for supporting clients facing end of life
- 6. Understand the relevance of countertransference, compassion fatigue, and parallel process in relation to offering care at end of life

### Who Should Attend?

This program is designed for Hospice Personnel, Educators, Social Workers, Counselors, Therapists, Psychologists, Physicians, Nurses, Clergy, Chaplains, Lay Ministers, and others caring for the bereaved.

#### Directions to the Fowler Center:

**From US 63** turn north onto Red Wolf Blvd. Stay on Red Wolf Blvd. until you reach Aggie Rd. Turn left onto Aggie Rd. Make the first right onto Olympic Drive. Arrive at the Fowler Center on your left.

**From US 49 North** (Stadium Blvd) Stay on Red Wolf Blvd. until you reach Aggie Road. Turn west onto Aggie road. Make the first right onto Olympic Drive. Arrive at the Fowler Center on your left.

## Continuing Education:

# CONTACT HOURS ARE PENDING FOR ALL PROGRAMS NOTED BELOW.

Nurses -- 4.25 contact hours

Arkansas State University is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Long Term Care - 4.5 contact hours

Social Work -- 4.5 contact hours

Physical Therapy – 4.5 contact hours

Counseling – 4.75 contact hours

Families, Inc. Counseling Services and Arkansas State University-College of Nursing and Health Professions are cosponsors of this program. This cosponsorship has been approved by NBCC.

Families, Inc. Counseling Services is an NBCC Approved Continuing Education Provider, ACEP No. 6221. The ACEP solely is responsible for this program, including the awarding of NBCC credit.